

FAMILY AND CONSUMER SCIENCES

FUN WITH FOODS (Grades K-2) This enjoyable curriculum familiarizes students with the basic food groups, and teaches skills to make good food choices and prepare nutritious snacks.

Resources: Teacher/leader guide, teaching kit, student workbooks, and certificates.

FOOD, FUN & FITNESS (Grades 2-3) This curriculum enhances a youth's overall nutrition knowledge, and exposes students to fitness activities that promote a healthy lifestyle.

Resources: Teacher/leader guide, student workbooks, and certificates.

FOOD FUNDAMENTALS (Grades 4-6) This curriculum provides a more in-depth look at food, nutrition and health. Youth explore nutritional and economic choices, food labels, and food preparation.



Resources: Teacher/leader guide, student workbooks, and certificates.

CLOTHES THAT CLICK (Grades 7-12) Students explore clothing and textiles. Topics include: creativity, communication of self, choices, consumerism, clothing care, the cutting edge, cultural awareness, and careers and proper dress for interviews.

Resources: Teacher/leader guide, student workbooks, and certificates.

FUN WITH CLOTHES (Grades K-3) also available in Spanish

A curriculum that enhances a variety of developmental skills through a fun and relevant subject matter. Topics include: creativity, communication of self through personal appearance, the cutting edge of textile science, choices, consumerism, culture, and careers.



Resources: Teacher/leader guide, teaching kit, student workbooks, and certificates.