

ACTIVE COMMUNITIES,
EVERYONE BENEFITS !

stamp

 **IMPROVED FITNESS**

 **CLEANER AIR**

 **REDUCED HEALTH PROBLEMS**

 **SAFER NEIGHBORHOODS**



Visit this website and log in your results:
www.healcollier.org
Or email
Kelly_robinson@doh.state.fl.us



Collier Health Promotion Coalition:
Promoting Healthy Eating & Active Living
through education, policy and environmental
change

Collier County Health Department
Health Education

Attention Kelly Robinson
3301 E. Tamiami Trail, Bldg. H
Naples, FL 34112

Collier Health Promotion



Coalition Checklist

**HOW WALKABLE IS
YOUR COMMUNITY?
GO FOR A WALK AND FIND**

**Use this checklist to evaluate how
walker friendly your neighborhood
is and provide feedback to commu-
nity leaders. Its easy!**

First, read over the checklist.

**Second, use the scale provided
to rate each issue.**

**Third, add up the numbers
and rate your walk overall.**

Last, email or mail in results

Location of Walk:

1. Did You Have Room to Walk?

- Yes
- Some Problems
- Sidewalks or paths started and stopped
- Sidewalks were broken and cracked
- Sidewalks were blocked with poles, signs, shrubbery, dumpsters, etc.
- No sidewalks, paths, or shoulders
- Too much traffic
- Something else _____
- Location of problems: _____

Over all Rating: (circle one)

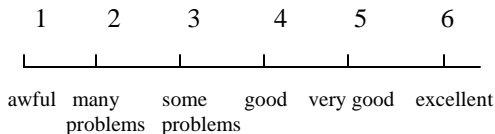
1 2 3 4 5 6
 Awful some problems good Excellent

2. Was It Easy To Cross Streets?

- Yes
- Some Problems
- Road was too wide
- Traffic signals made us wait too long or did not give us enough time to cross
- Need striped crosswalks or traffic signals
- Parked cars blocked our view of traffic
- Needed curb ramps or ramps needed repair
- Something else _____
- Location of problems _____

Over all Rating: (circle one)

1 2 3 4 5 6
 Awful some problems good Excellent



RATING SCALE

3. Did Drivers Behave Well?

- Yes Some Problems: Drivers...
- Backed out of driveways without looking
- Turned into people crossing the street
- Did not yield to people crossing
- Drove too fast
- Sped up to make it through traffic lights or drove through traffic lights
- Something else _____

Location of problems: _____

Over all Rating: (circle one)

1 2 3 4 5 6
 Awful some problems good Excellent

4. Was It Easy To Follow Safety Rules? Could You...

- Yes No Cross at crosswalks or where you could be seen by drivers?
- Yes No Stop and look left, right and then left again before crossing streets?
- Yes No Walk on sidewalks or shoulders facing traffic where there where no sidewalks?
- Yes No Cross with the light?

Over all Rating: (circle one)

1 2 3 4 5 6
 Awful some problems good Excel-

5. Was Your Walk Pleasant?

- Yes Some unpleasant things:
- Need more grass, flowers etc.
- Scary dogs
- Scary people
- Not well lighted
- Dirty, lots of litter or trash
- Dirty air due to car exhaust

Something else: _____

Location of Problems: _____

Over all Rating: (circle one)

1 2 3 4 5 6
 Awful some problems good Excellent

How Does Your Neighborhood Stack Up? Add Up Your Ratings

- 1. _____ **26-30** Celebrate! You have a great neighborhood for walking.
- 2. _____ **21-25** Celebrate a little. Your neighborhood is pretty good.
- 3. _____ **16-20** Okay, but it needs work.
- 4. _____ **11-15** It needs a lot of work. You deserve better than that.
- Total** _____ **5-10** It's a disaster for walking!

This survey was developed by the partnership of Walkable America, the Pedestrian and Bicycle Information Center, US Department of Transportation and the Environmental Protection Agency. It can be accessed online at:

<http://www.walkinginfo.org/pdf/walkingchecklist.pdf>